

# Platte City Aikikai Testing Requirements

Adults (Ages 12 and up)

## 5th Kyu (60 hours) - Yellow

### Arts

Shomenuchi Ikkyo (Omote & Ura)  
Shomenuchi Iriminage  
Katatetori Shihonage (Omote & Ura)  
Ryotetori Tenchinage  
Tsuki Kotegaeshi  
Ushiro Tekubitori Kotegaeshi  
Morotetori Kokyuhō

### Weapons

Bokken Kata, Tachi Waza  
Jo Kata

## 4th Kyu (80 hours) - Yellow w/Black Stripe

### Arts

Shomenuchi Nikyo (Omote & ura)  
Yokomenuchi Shihonage (Omote & Ura)  
Tsuki Iriminage  
Ushiro-Tekubi Sankyo (Omote & Ura)  
Ushiro Ryokatatori Kotegaeshi  
Suwari Waza: Shomenuchi Ikkyo  
Suwari Waza: Katatori Nikyo (Omote & Ura)  
Suwari Waza: Katatori Sankyo

### Weapons

Bokken Kata, Tachi Waza  
Bokken Kata, Swari Waza  
Jo Kata

## 3rd Kyu (100 hours) - Blue

### Arts

Yokomenuchi Iriminage (2 ways)  
Yokomenuchi Kotegaeshi  
Tsuki Kaitenage  
Ushiro Ryokatatori Sankyo (Omote & Ura)  
Morotetori Iriminage (2 ways)  
Shomenuchi Sankyo (Omote & Ura)  
Suwari Waza: Shomenuchi Iriminage  
Suwari Waza: Shomenuchi Nikyo (Omote & Ura)  
Hanmi-Handachi: Katatetori Shihonage  
Hanmi-Handachi: Katatetori Kaitenage (uchi & soto mawari)\*  
*\* Uchi & Soto mawari-both inside (uchi) and outside (soto)*

### Weapons

Bokken Kata, Tachi Waza  
Bokken Kata, Swari Waza  
Jo Kata

## 2nd Kyu (150 hours) - Brown

### Arts

Shomenuchi Shihonage  
Shomenuchi Kaitenage  
Yokomenuchi Gokyo  
Ushiro Tekubitori shihonage  
Ushiro Tekubitori Jujinage  
Ushiro Kubishime Koshinage  
Morotetori Nikyo  
Hanmi-Handachi: Shomenuchi Iriminage  
Hanmi-Handachi: Katatetori Nikyo  
Hanmi-Handachi: Yokomenuchi Kotegaeshi  
Jyuwaza-2 persons

### Weapons

Bokken Kata, Tachi Waza  
Bokken Kata, Swari Waza  
Jo Kata

## 1st Kyu (200 hours) - Brown w/black Stripe

### Arts

Katatori Menuchi-5 techniques  
Yokomenuchi-5 techniques  
Morotetori-5 techniques  
Shomenuchi-5 techniques  
Ryotetori-5 techniques  
Koshinage-5 techniques  
Hanmi-Handachi (Ushiro Waza-5 techniques)  
Tanto tori  
Jyuwaza-3 persons

### Weapons

Bokken Kata, Tachi Waza  
Bokken Kata, Swari Waza  
Jo Kata

## Shodan (300 hours) - 1st Degree Black

### Arts

Katatori Menuchi-5 techniques  
Yokomenuchi-5 techniques  
Morotetori-5 techniques  
Shomenuchi-5 techniques  
Ryotetori-5 techniques  
Koshinage-5 techniques  
Hanmi-Handachi (Ushiro Waza-5 techniques)  
Henka Waza  
    Shomenuchi Ikkyo Omate  
    Shomenuchi Nikyo Ura  
    Shomenuchi Iriminage  
    Yokomenuchi Shihonage  
    Mune-tsuki Kote-gaeshi  
    Katatetori Shihonage  
    Morotetori Iriminage  
    Ryotetori Tenchinage  
Tanto tori  
Bokken Tori  
Jo Tori  
Jo Nage

## Weapons

Bokken Kata, Tachi Waza  
Bokken Kata, Swari Waza  
Jo Kata

## Nidan (400 hours) - 2nd Degree Black

### Arts

Katatori Menuchi-5 techniques  
Yokomenuchi-5 techniques  
Morotetori-5 techniques  
Shomenuchi-5 techniques  
Ryotetori-5 techniques  
Koshinage-5 techniques  
Hanmi-Handachi (Ushiro Waza-5 techniques)  
Henka Waza  
    Shomenuchi Ikkyo Omate  
    Shomenuchi Nikyo Ura  
    Shomenuchi Iriminage  
    Yokomenuchi Shihonage  
    Mune-tsuki Kote-gaeshi  
    Katatetori Shihonage  
    Morotetori Iriminage  
    Ryotetori Tenchinage  
Kaeshi Waza

Tanto tori  
Bokken Tori  
Jo Tori  
Jo Nage

## Weapons

Bokken Kata, Tachi Waza  
Bokken Kata, Swari Waza  
Jo Kata